



Sept. 28, 2005

www.houstonhealth.org

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Houston activates heat emergency plan

The City of Houston has activated its Heat Emergency Plan. The National Weather Service issued a heat advisory expected to remain in effect for southeast Texas through 7 p.m. Wednesday, Sept. 28. A heat advisory is issued when the heat index, a computation of the air temperature and humidity, reaches 108 degrees for two consecutive days.

During a heat emergency, everyone is urged to take extra precaution to protect themselves from heat-related illness and death. High-risk groups such as adults age 55 and older, children under the age of five and people with chronic illness are urged to stay inside air-conditioned buildings between 1 p.m. and 5 p.m., the hottest part of the day. Anyone living without air-conditioning can seek air-conditioned shelter at any of the facilities listed below.

The Houston Department of Health and Human Services (HDHHS) recommends that people still experiencing power outages or living without air conditioning take refuge from the heat at Houston Public Library branches and Park and Recreation facilities.

Houstonians needing transportation assistance to a city-cooling center may call 311 and ask for cooling centers. Transportation to regional cooling centers will be provided. Due to the high volume of calls 3-1-1 may be receiving, callers may experience a delay or a busy tone but are encouraged to redial 3-1-1. If a call is answered by the automated 3-1-1 system, stay on the line for further assistance.

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To avoid heat related illness:

- Drink lots of liquids even before getting thirsty, but avoid those with caffeine, alcohol or large amounts of sugar because these can actually result in the loss of body fluid.
- Conduct debris removal or outdoor work in the early morning or evening when it is cooler. Remember to take frequent breaks during strenuous activity.
- People without air conditioning can visit an air-conditioned shelter. They can also take frequent cool baths or showers to minimize effects from the heat.
- Wear light-colored, loose fitting clothing that permits the evaporation of perspiration.

Library branches now open include:

Acres Homes Branch Library
8501 West Montgomery, 77088
832-393-1700

Carnegie Branch Library
1050 Quitman, 77009
832-393-1720

Central Library
500 McKinney, 77002
832-393-1313

Children's Room

Julia Ideson Building

Clayton Library Center for Genealogical Research
5300 Caroline, 77004
832-393-2600

Collier Regional Branch Library
6200 Pinemont, 77092
832-393-1740

Dixon Branch Library
8002 Hirsch, 77016
832-393-1760

Fifth Ward Branch Library
4014 Market, 77020
832-393-1770

Flores Branch Library
110 North Milby, 77003
832-393-1780

Freed-Montrose Branch Library
4100 Montrose, 77006
832-393-1800

Heights Branch Library
1302 Heights Blvd., 77008
832-393-1810

Henington-Alief Regional Branch Library
7979 South Kirkwood, 77072
832-393-1820

Hillendahl Branch Library
2436 Gessner Rd, 77080
832-393-1940

Johnson Branch Library
3517 Reed Rd., 77051
832-393-2550

Jungman Branch Library
5830 Westheimer, 77057
832-393-1860

Kendall Branch Library
14330 Memorial Drive, 77079
832-393-1880

Mancuso Branch Library
6767 Bellfort, 77087
832-393-1920

McCrane-Kashmere Gardens Branch Library
5411 Pardee St., 77026
832-393-2450

McGovern-Stella Link Branch Library
7405 Stella Link, 77025
832-393-2630

Melcher Branch Library
7200 Keller, 77012
832-393-2480

Moody Branch Library
9525 Irvington, 77076
832-393-1950

Oak Forest Branch Library
1349 West 43rd Street, 77018
832-393-1960

Park Place Regional Branch Library
8145 Park Place, 77017
832-393-1970

Pleasantville Branch Library
1520 Gellhorn, 77029
832-393-2330

Ring Branch Library
8835 Long Point, 77055
832-393-2000

Robinson-Westchase Branch Library
3223 Wilcrest, 77042
832-393-2011

Stanaker Branch Library
611 S/Sgt. Macario Garcia, 77011
832-393-2080

Tuttle Branch Library
702 Kress, 77020
832-393-2100

Walter Branch Library
7660 Clarewood, 77036
832-393-2500

Young Branch Library
5260 Griggs Road, Palm Center, 77021
832-393-2140

Parks and Recreation community centers are:

Parks and Recreation Community Centers Open 1p.m. to 8 p.m. :

Alief, 11903 Bellaire 77077 529E 290
Almeda, 14201 Almeda Sch. 77047
Beverly Hills, 9800 Kings Point 77075
Burnett Bayland, 6200 Chimney Rock 77081
Candlelight, 1520 Candlelight 77018
Carverdale, 9920 Porto Rico 77018
Cherryhurst, 1700 Missouri 77076
Clark, 9718 Clark Rd. 77076
Clinton, 200 Mississippi 77029
Denver Harbor, 6402 Market 77020
DeZavala, 7521 Avenue H 77012
Eastwood, 5020 Harrisburg 77011
Edgewood, 5803 Bellfort 77033

Emancipation, 3018 Dowling 77004
Finnigan, 4900 Providence 77020
Fonde, 110 Sabine 77007 493K 747
Freed, 6818 Shady Villa 77055
Godwin, 5101 Rutheerglen 77096
Hartman, 9311 E. Avenue P 77012
Hobart Taylor, 8100 Kenton 77028
Independence Hts., 603 E. 35th 77022
Ingrando, 7302 Keller 77012
Lansdale, 8201 Ross 77036
Lincoln, 979 Grenhaw 77088
Linkwood, 3699 Norris 77025
Love, 1000 W. 12th 77008
MacGregor, 5225 Calhoun 77021
Marian, 11101 S. Gessner 77071
Mason, 541 S. 75th 77023
Meadowcreek, 5333 Berry Creek 77017
Milroy, 1205 Yale 77008
Moody, 3725 Fulton 77009
Platou, 11655 Chimney Rock 77035
River Oaks, 3600 Locke Lane 77027
Robinson, Jr., 2020 Hermann Dr. 77004
Robinson, Sr., 1422 Ledwicke 77029
Sagemont, 11507 Hughs Rd. 77089
Settegast, 3000 Garrow 77003
Shady Lane, 10220 Shady Lane 77093
Sharpstown, 6600 Harbor Town Dr. 77036
Sunnyside, 3502 Bellfort 77051
Tuffly, 3200 Russell 77016
Windsor Village, 14441 Croquet 77085

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